



MID-SHORE MARTIAL ARTS

EASTON CLASS SCHEDULE



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:00-9:45am Cage Fitness	9:00-9:45am Cage Fitness	9:00-9:45am Cage Fitness	9:00-9:45am Cage Fitness	9:00-9:45am Cage Fitness	8:00-9:00am Women-Only Gi Jiu-Jitsu
4:30-5:05pm Lil' Dragons	2:00-2:35pm Lil' Dragons	4:30-5:05pm Lil' Dragons	2:00-2:35pm Lil' Dragons	Noon-1:00pm Adult NoGi Jiu-Jitsu	9:30-10:05am Lil' Dragons
5:15-6:05pm Kids Karate	2:40-3:30pm Homeschool Karate	5:15-6:05pm Kids Karate	2:40-3:30pm Homeschool Karate	5:00-5:50pm Kids Beginners Karate	10:15-11:05am Kids Karate
6:00-7:00pm Adult Gi Jiu-Jitsu	4:00-4:50pm Kids Karate	6:00-7:00pm Kids Gi Jiu-Jitsu	4:00-4:50pm Kids Karate	6:00-6:50pm Kids Advanced Karate	11:15-12:15pm Kids Jiu-Jitsu
6:10-7:00pm Black Belt Club	5:00-5:35pm Lil' Dragons	6:10-7:00pm Black Belt Club	5:00-5:35pm Lil' Dragons	7:00-8:30pm Kids Jiu-Jitsu Comp Team	12:30-1:30pm Boxing
7:10-8:00pm Adult Karate	5:40-6:30pm Kids Karate	7:00-8:30pm Adult Gi Jiu-Jitsu	5:40-6:30pm Kids Karate		
	6:15-7:15pm Women-Only NoGi Jiu-Jitsu	7:10-8:00pm Adult Karate	6:30-7:30pm Kids NoGi Jiu-Jitsu		
	6:30-7:30pm Kids NoGi Jiu-Jitsu		7:30-8:45pm Adult NoGi Jiu-Jitsu		
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MidshoreMartialArts.com
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Schedule as of Feb 13, 2018